

Virus Identification Specimen Selection

Clinical Manifestation	Appropriate Specimen	Associated Virus
Pneumonia-immunocompetent	Nasopharyngeal-throat	Adenoviruses Influenza Parainfluenza Respiratory syncytial virus
Pneumonia-immunocompromised	Nasopharyngeal-throat	Adenoviruses Cytomegalovirus Herpes simplex Influenza Parainfluenza Respiratory syncytial virus
Pneumonia-geriatric patients	Nasopharyngeal-throat	Adenoviruses Influenza Parainfluenza Respiratory syncytial virus
Brochiolitis	Nasopharyngeal-throat	Adenoviruses Influenza Parainfluenza Respiratory syncytial virus
Bronchitis	Nasopharyngeal-throat	Adenoviruses Influenza Parainfluenza Respiratory syncytial virus
Croup, tracheitis	Nasopharyngeal-throat	Adenoviruses Influenza Parainfluenza Respiratory syncytial virus
Pharyngitis	Nasopharyngeal-throat	Adenoviruses Herpes simplex Influenza Parainfluenza Respiratory syncytial virus Rhinoviruses
Infectious mononucleosis syndrome	Serum for infectious mono screen (heterophile) or Epstein-Barr viral capsid antigen IgM	Epstein-Barr virus most common cause; also cytomegalovirus or <i>Toxoplasma gondii</i>
Rash-maculopapular	Nasopharyngeal-throat Rectal swab if enteroviruses considered Serum if rubella or parvovirus B19 considered Urine if measles considered	Adenoviruses Enteroviruses Measles Parvovirus B19 Rubella
Rash-vesicular	Lesion swab	Enteroviruses Herpes simplex Varicella-zoster

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Aseptic meningitis or encephalitis	Nasopharyngeal-throat Rectal swab Serum Spinal Fluid	Most common in West Virginia: Adenovirus (nasopharyngeal-throat, rectal, and spinal fluid culture) Enteroviruses (nasopharyngeal-throat, rectal, and spinal fluid culture) LaCrosse virus (serum) Parainfluenza 3 (spinal fluid culture) Others that can be associated: Eastern equine encephalitis (serum) Epstein-Barr virus (serum or spinal fluid for polymerase chain reaction [PCR]) Herpes simplex (spinal fluid for PCR) Mumps (culture) St. Louis encephalitis (serum) Varicella-zoster (spinal fluid for PCR) Western equine encephalitis (serum)
Congenital infections	Nasopharyngeal-throat Rectal swab if enterovirus is suspected Serum Urine	Cytomegalovirus (blood for antigenemia, nasopharyngeal-throat, and urine) Enteroviruses (nasopharyngeal-throat and rectal swab) Hepatitis B (serum for hepatitis B surface antigen) Herpes simplex (lesion if present, nasopharyngeal- throat) Parvovirus B19 (serum for IgM serology) Rubella (serum for IgM serology and urine)
Ocular		Adenovirus Enterovirus Herpes simplex Varicella-zoster

Clinical Manifestation	Appropriate Specimen	Associated Virus
Gastroenteritis-diarrhea syndromes	Stool	Adenovirus 40/41 (endemic, year around) Rotavirus (primarily winter, spring) Other viruses, eg, calici, coronaviruses, and Norwalk agent may be associated, but are not readily diagnosed in the clinical laboratory
Immunosuppressed or immunodeficient	Nasopharyngeal-throat or bronchial lavage Blood for cytomegalovirus antigenemia; serum for possible serological testing	Cytomegalovirus (blood for antigenemia) Epstein-Barr Herpes simplex Varicella-zoster
Sepsis syndromes in infants	Nasopharyngeal-throat Rectal swab	Adenovirus Enteroviruses Herpes simplex if <30 days of age Respiratory viruses
Serum specimens for immune status testing may be submitted for the following: Measles Mumps Rubella Varicella-zoster (chickenpox)		